

Staffordshire Health and Wellbeing Board – 07 December 2023

Good Mental Health Priority Progress Update

Recommendations

The Board is asked to:

- a. Approve the Action Plan for the Good Mental Health Strategy 2023-28.
- b. Note the Staffordshire and Stoke-on-Trent Children and Young People's Local Transformation plan.
- c. Note the wider activity across the health and care system to support good mental health.

Background

1. Good mental health is one of the priorities of Staffordshire's Health and Well-being Strategy. As a result, Staffordshire County Council and the Staffordshire and Stoke on Trent Integrated Care Board (ICB) produced a [Good Mental Health in Staffordshire Strategy](#), which was approved by the Health and Well-being Board in December 2022.
2. This Strategy has six main outcomes:
 - a. Everyone can look after their own mental well-being and find support in their communities when they need it.
 - b. People have access to services when needed.
 - c. A timely response to crises.
 - d. There is equal access to support to improve mental well-being and services to manage mental health problems.
 - e. People with severe mental health problems are supported to live in the community and have good quality, integrated care.
 - f. More integrated, good quality services for young people that focus on achieving independence in adulthood.
3. An Action Plan has been developed to achieve the outcomes set out in the Strategy and is included at Appendix 1. The Action Plan was co-produced by the Council and ICB working with people affected by mental health conditions as well as frontline professionals. A wide range of partners including the Council, ICB, NHS Trusts, district and borough councils, voluntary sector organisations, care providers as well as people with mental health conditions will be involved in implementing the actions. The Action Plan will be reviewed annually as actions are complete and new actions are required to achieve the outcomes.

4. The primary focus of the Strategy is adults in Staffordshire. However, as it was recognised that there are opportunities in people's early lives to positively influence their future mental health and well-being, the Strategy also references children and young people. The action plan therefore includes some actions for children and young people but is not inclusive of the full programme of work across Staffordshire. Other work is ongoing as part of the [Staffordshire and Stoke on Trent Integrated Care System Children and Young People's Mental Health Local Transformation Plan](#) and will be considered as part of the Health in Early Life priority in September 2024.
5. Note that there is also wider activity across the health and care system to support good mental health through a range of strategies and programmes including:
 - a. NHS Long Term Plan
 - b. Community Mental Health Transformation
 - c. Mental Health Practitioners in Primary Care Networks (PCNs)
 - d. Crisis Alternatives including:
 - i. Crisis Café,
 - ii. Safe Hands,
 - iii. Out of Hours Home Sitting Service,
 - iv. Crisis House,
 - v. Core24 Service
 - vi. Mental Health Ambulances and
 - vii. NHS 111 option 2
 - e. Investment in Peri-natal Mental Health
 - f. Mental Health Support Teams for Children and Young People -(MHSTs)
 - g. Staffordshire Emotional Health and Wellbeing Services
 - h. Staffordshire and Stoke-on-Trent Suicide Prevention Partnership
6. Progress to achieve the Strategy will be measured using the following metrics as well as tracking completion of the actions set out in the Action Plan.
 - a. *Everyone can look after their own mental well-being and find support in their communities when they need it. Metrics include:*
 - i. Number of support organisations and number of care navigators attending Network meetings.
 - ii. Number of people accessing the revised SCC IAG pages.
 - iii. Number of workplaces and number of individuals receiving workplace mental health training.
 - iv. Increased numbers of Adults and Older Adults accessing Talking Therapies whilst maintaining waiting time and treatment standards.
 - v. Activity data from digital solutions such as websites and apps, Referral data from providers where available and Customer feedback.

- vi. Increase in number of schools reporting that they are implementing a Whole School Approach to Mental Health.
- vii. Expand Mental Health Support Teams in schools; enabling all schools in all districts to have access to support.

b. People have access to services when needed. Metrics include:

- i. Increase the numbers of children and young people accessing mental health support (at least one contact) in line with annual trajectories.
- ii. Publish the CYP Mental Health Transformation Plan.
- iii. Increased numbers of people accessing perinatal mental health services and Maternal Mental Health services (MMHS).

c. A timely response to crises. Metrics include:

- i. Reduction in suicide rates
- ii. Improve the speed of access to mental health crisis services for all ages through the expansion of services.
- iii. Reduced avoidable long lengths of stay in adult acute mental health inpatient settings, so that people are not staying in hospital any longer than necessary, including people with a learning disability and autistic people in mental health inpatient settings.

d. There is equal access to support to improve mental well-being and services to manage mental health problems. Metrics include:

- i. Numbers of people with lived experience involved in the co-production of actions in 22/23 and refresh of the action plan for 24/25.
- ii. Increased numbers of adults with SMI receiving physical health checks (PHC).

e. People with severe mental health problems are supported to live in the community and have good quality, integrated care. Metrics include:

- i. Increased numbers of adults with SMI accessing Individual Placement and Support services by 2023/24.
- ii. Increase in the number of people with SMI accessing transformed models of integrated primary and community care (at least two contacts) in line with annual trajectories.
- iii. Fewer people with mental health problems living in nursing accommodation.
- iv. More people will receive care and support from a CQC 'Good' or 'Outstanding' provider.
- v. Feedback from people's reviews on individual outcomes.
- vi. Increasing the numbers of adults who are in contact with secondary mental health services living in their own homes.

f. More integrated, good quality services for young people that focus on achieving independence in adulthood. Metrics include:

- i. Higher % of more appropriate psychological assessments for C&YP where these are directed / ordered by the courts.
- ii. Reduction in placement breakdowns linked to unmet mental health & emotional wellbeing needs.

List of Background Documents/Appendices:

Appendix 1: Good Mental Health Strategy Action Plan 2023-2028

Contact Details

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